

SHUSWAP



Coaching Package



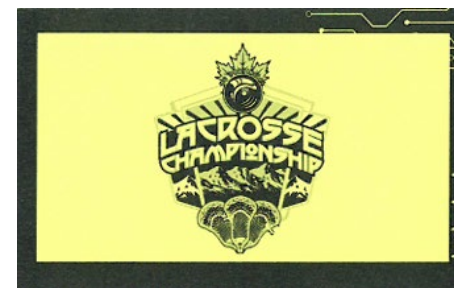
Provincial Championships



**Head
Coach**



**Assistant
Coach**



Manager

**Managers/Trainers – can not be directly on the bench with the players.
Trainers can stand off to the side of the bench but are not coaching or
opening gates.**

All Bench Personnel must wear their nametags during the games.

Anyone without a nametag will be removed from bench area.



Date: June 24, 2026

To: Coaches and Team Managers
2026 BCLA Minor Provincials Box Lacrosse Championships
U15C, U13 A2, U13 B, U13 C, Female U13 A, Female U13 B

From: BCLA Provincial Host Director, Jade Maltais, Shuswap Minor Lacrosse

Shuswap Minor Lacrosse is proud and excited to be hosting one of the 2026 BCLA Box Lacrosse Provincial Championships. In anticipation of your team earning their right to participate in this year's Provincials, the following is some information you will require.

If you have any questions or concerns, please do not hesitate to contact:

Host Convener: Jade Maltais **Cell:** 250-661-6634 **E-Mail:** secretary@shuswapminorlacrosse.com

You can also look for information on the BCLA Website – www.bclacrosse.com under **BOX, MINOR, PROVINCIALS**. Direct link is <http://www.bclacrosse.com/provincials.php>

Venues:

Rogers Rink – 2600 10th Ave NE, Salmon Arm, BC

- **Spectator Arena** - up to 1500 spectators
- **Hucul Pond** - up to 300 spectators

Learn more about Rogers Rink by visiting [Salmon Arm Recreation](#)

John Pritchard Memorial Complex - 1605 Kate St, Enderby, BC

- **Enderby Arena** - up to 900 spectators

Learn more about Enderby Arena by visiting [Enderby Recreation](#)

Please note: Air Horns are not permitted in any of the arenas. Other noisemakers are welcome if they do not interfere with the Shot Clock, Time Clock, or the officials' whistle. Noisemakers interfering with the play will be confiscated.

Warm up area information will be distributed to all participating teams, **DO NOT** use the common hallways in the arena, underground or outside parking lots as warm up areas. NO wall ball is allowed inside the arena.

MANDATORY Coaches Meeting-via Zoom Wednesday, July 1 at 7 pm

The Coaches Meeting is **mandatory** for all coaches participating in the Provincials.

Join Zoom Meeting

<https://zoom.us/j/91024695257?pwd=098gO3xjAbQB1sDFDgZMicFdDrnAjl.1>

Meeting chat link

<https://zoom.us/jc/91024695257>

Meeting ID: 910 2469 5257

Passcode: 337716

Parking Rogers Rink (Salmon Arm): There is a large amount of parking spaces at Rogers Rink but it can get very busy as it is a shared rec center with other facilities. Please arrive early to secure a parking spot.

Parking Enderby Arena: There is limited parking at Enderby Arena as well, as it is also a shared rec center with other facilities. Please arrive early to secure a parking spot.

Dressing Rooms: Rooms will be assigned and posted on the TV screen at Rogers Rink and Whiteboard at Enderby Arena. Dressing Room keys can be given in exchange for car keys of the Manager or Coach. Dressing rooms should be vacated within 30 minutes of the end of each game to allow time for the following team to prepare for their game. Please check-in no earlier than 45 minutes prior game time. Any damage incurred to rooms will be charged back to the Team's Home Association who was deemed to have damaged the facility. It is the responsibility of each team to monitor their players while in the dressing room and at the Provincials. Rooms are to be left clean prior to leaving. Your keys will be returned once the room has been checked for cleanliness and damage.

Rosters: This year Game Sheets (RAMP) will be used so there is no need for a roster submission to the host.

Time/Score Keepers: For each of your round robin games, the team slotted as the **AWAY Team** will be responsible for providing a **timekeeper**, and teams slotted as the **HOME Team** will be responsible for providing a **scorekeeper** (*Game Sheets-RAMP*). The Team Officials (Managers or Coaches) are asked to have the names of their applicable volunteers ready at each game check-in.

Schedule: Updates of the complete Division Provincial Schedule can be found on the BCLA website. Once teams qualify for spots, the schedule will reflect those changes and be populated with team names

Important Information for Coaches:

- Pick up your lanyard with coaching credentials from the Provincial Administrative Table at Rogers Rink prior to your first game, EXCEPT if your first game is at Enderby on Thursday. These credentials must be worn when you are on the bench.
- Please familiarize yourself with the 2026 Minor Box Provincial Directive (attached).
- If bringing an alternate goaltender, coaches must obtain written permission from the BCLA Minor Box Provincial Director and receive clarification of the alternate goaltenders' playing eligibility. This must be done prior to the Provincial Championships.
- The coaching staff has been verified as per your Provincial Declaration Form. These are the only coaches permitted on the bench during Provincials. All coaches **MUST** be properly trained for the level they are coaching. It is recommended that you hold your own Team Meeting after this Coaches Meeting and prior to your first game to advise your Team and Team Parents of the necessary and important information they will need to know.

Medal Presentations: Medals will be presented after each of the final games on July 5. There will be no Closing Ceremony.

Reminders:

- Coaches have the responsibility to ensure the safety of their players.
- Please remember to bring water bottles to be used during your games. Arenas can get very warm on the floor for players during the month of July. **Remember that due to safety, water bottles must not be shared.**
- You are responsible for the behaviour of your fans. Should there be a problem in the stands, games will be halted until the offender(s) leave the arena. Please refer to the BCLA Operating Policy at www.bclacrosse.com for the BCLA Code of Conduct, Harassment Policy, Gender Equity Policy, and the Fair Play Code for Coaches, Parents and Athletes, as well as the BCLA Social Media Policy.

***Good luck to all teams and we look forward to hosting your team at the
2026 BCLA Lacrosse Provincial Championship Tournament!***



2026 Minor Directorate Disciplinary Rules and World Box Lacrosse Interpretations

The included penalties are **automatic** suspensions.
“**Automatic**” means that the coaches sit the player until
they are notified by the Commissioner.
Notification is not required.

Table of Contents

DISCIPLINARY RULES

1. Match Penalty – “Reckless and Endangering Play”	4
2. Major Penalties	5
3. Gross Misconduct	5
4. Misconduct	6
5. Abuse of Officials	6
6. Assault of an Official (Physical or Verbal)	7
7. Unsportsmanlike Actions by a Player on an Opponent	7
8. Fighting	7
9. Fighting Off Playing Floor/Third Man In/Leaving Players Bench or Penalty Bench	7
10. Two Majors in One Game	8
11. Coach or Manager Pulling Team from Floor	8
12. Under the Influence of Alcohol or Drugs	8
13. Major Penalty in the Last 5 Minutes of Play	8
14. Two Majors in One Game	8
15. Four Majors in One Season	8
16. Playing An Ineligible Player	9
17. Suspensions To Coaches and Bench Personnel	9
18. Serving A Suspension	9
19. Additional Games	10
20. Commission Discretion to Reduce Suspensions	10

APPENDIX A: Offence/Defense Rules	11
--	-----------

APPENDIX B: Fair Play Guidelines	12
---	-----------

APPENDIX C: BCLA General Operating Policies	13
--	-----------

CONDUCT & MAINTENANCE OF ORDER

Coaches, Managers and Parents alike are responsible for Maintenance of Order at arenas. Coaches should engage assistance from Assistant Coaches or a Team Manager with players that they feel require extra supervision in cases where, for example, a player is ejected from a game. Associations should be engaged by Coaches that feel they have a player, or parent, that may be cause for concern; providing active support by all parties should be encouraged to allow for all participants to be supported in the game of lacrosse. Associations are encouraged to discipline their own Association Coaches, Managers, Players, Spectators or Parents as they deem necessary.

See BCLA Minor Directorate Operating Policy Reg.22

DISCIPLINARY RULES

1. MATCH PENALTY – “RECKLESS AND ENDANGERING PLAY”

Match Penalties

- **7.6.1** A match penalty involves the suspension of the player for the balance of the game and the offending player shall be ordered to the dressing room immediately. The in-home player shall replace the penalized player in the penalty box for the full five (5) minutes of playing time regardless of the number of goals scored. For all match penalties, regardless of when imposed, or prescribed additional penalties, a total of ten (10) minutes shall be charged in the records against the offending player.
- **7.6.2 MATCH PENALTY AUTOMATIC SUSPENSION** - A player incurring a match penalty shall automatically be suspended according to 2026 Minor Directorate Disciplinary Rules below

A Match Penalty may be assessed under the following rules:

- **Rule 8.12** Boarding
- **Rule 8.3.1** Butt Ending
- **Rule 8.14** Checking from Behind
- **Rule 8.4** Illegal Cross Checking
- **Rule 8.16** Elbowing
- **Rule 8.18** Fighting
- **Rule 8.21** Kicking/Kneeing
- **Rule 8.3.2** High Sticking
- **Rule 8.7** Slashing
- **Rule 8.5** Spearing
- **Rule 8.10.1** Contact on Goalkeeper initiated by Attacker
- **Rule 8.11.2** Illegal Body Checking

- **Rule 8.13** Spearing with the Head
- **Rule 8.15** Dangerous Contact to the Head
- **Rule 8.17** Face Masking
- **Rule 8.19** Head Butting
- **Rule 8.20** Intentional Contact during Dead Ball Situations
- **Rule 8.22** Roughing

Suspensions:

- **1st Offence: Three (3) Games**
- **2nd Offence: Five (5) Games / Hearing**
- **3rd Offence: Five (5) Games and second hearing by local Minor Commission**

2. **MAJOR PENALTIES**

Serious infractions that are assessed Major Penalties under the following rules:

- **Rule 8.3.1** Butt Ending
- **Rule 8.5.2** Spearing
- **Rule 8.21.2** Kicking
- **Rule 8.7.2** Slashing

A GAME MISCONDUCT MAY BE ASSESSED IN ADDITION TO THESE 5-MINUTE PENALTIES AND THE FOLLOWING DISCIPLINE ACTION WILL APPLY.

- **1st Offence:** One (1) game
- **2nd Offence:** Three (3) games
- **3rd Offence:** Five (5) games and hearing by the local Minor Commission

3. **GROSS MISCONDUCT**

Due to the seriousness of this infraction, Commissioners must confirm the facts of the game report with the game officials and/or zone officials where a gross misconduct has been assessed. The Commissioner will consult on all gross misconduct infractions with the BCLOG Vice Chair - Minor or Zone Officials Rep for review before ruling on the infraction. If the facts reveal that the incident falls short of being a gross misconduct a commissioner in consultation with their respective Commission Chair and the BCLOG Vice Chair - Minor may reduce the penalty to a lesser category as deemed appropriate.

Commissioners' letters to coaches and club presidents must emphasize that Rule 7.7 will not be tolerated.

Rule 7.7 Definition of Gross Misconduct Penalty The referee may impose a "Gross Misconduct" penalty on any player, Coach, Trainer or Equipment Manager who is guilty of a gross misconduct of any kind. Any person incurring a "gross misconduct" penalty shall be assessed a game misconduct. For all gross misconducts regardless of when imposed, a total of ten (10) minutes shall be charged in the records of the offending player.

The following list of infractions, but not limited to, can result in a gross misconduct being assessed:

- Interfering with or striking a spectator; or
- Racial taunts and/or slurs; or
- Spitting on or at an opponent, spectator or referee.

The Referee shall report the incident to the appropriate governing body. Any participant found to have committed a "GROSS MISCONDUCT" (as described in Rule 7.7 of the WL Playing Rules) shall be assessed a five (5) game suspension and a hearing by the local Minor Commission or the BCLCG (if required) will be conducted.

4. MISCONDUCT

Unsportsmanlike Conduct: (Assessed under Rule 8.41). *(Not involving abuse of an official, ie, unsportsmanlike conduct between players, or between coaches)*. Game Misconduct assessed for simple misconduct and or unsportsmanlike conduct.

- **1st Offence:** No further disciplinary action is warranted
- **2nd Offence:** Two (2) games
- **3rd Offence:** Players who receive three (3) Game Misconducts in a season shall be assessed a five (5) game suspension and a hearing by the local Minor Commission will be conducted.

Coach/Bench Personnel who receive a Third Game Misconduct are to be reported to the BCLCG for further possible action. *NOTE: Any GAME MISCONDUCT PENALTY that occurs at the end or completion of the game, shall result in an automatic One (1) game suspension. A 10-minute misconduct assessed without a major attached is not subject to additional discipline or suspension.*

5. ABUSE OF OFFICIALS

For infractions of Rule 8.33 ABUSE OF OFFICIALS (Note: this rule covers both Referees and Bench Officials such as Timekeepers, Scorekeepers, Offensive Time Clock operators, etc.)

Rule 8.33 Abuse of Official by a player: (Game Misconducts assessed for Abuse of an Official).

- **1st Offence:** Three (3) games
- **2nd Offence:** Five (5) games/Hearing by local Minor Commission
- **3rd Offence:** Five (5) games and a second hearing by the local Minor Commission

Rule 8.33 Abuse of Official by non-playing personnel (Coaches):

- **1st Offence:** Three (3) games
- **2nd Offence:** Five (5) games/Hearing by BCLCG
- **3rd Offence:** Five (5) games and a second hearing by BCLCG

Rule 8.33 Abuse of Official by non-playing personnel (Trainer):

1st Offence – Immediate indefinite suspension, case is to be forwarded to BCLCG. As a minimum, this person will not be allowed back on the bench until they successfully complete the appropriate coaching level.

6. **ASSAULT OF AN OFFICIAL (PHYSICAL OR VERBAL)** – Match, Game or Gross Misconducts Assessed under the following rules:
- Rule 8.30 Abuse of Officials and Misconduct
 - Rule 7.7 Gross Misconduct

Any player found to have physically or verbally threatened a Referee or other Game Official (Assault of an Official) shall be suspended until a hearing of the local Minor Commission. Any Coach/Bench Personnel found to have physically or verbally threatened a Referee or other game Official (Assault of an Official) shall be suspended until a hearing by the BCLCG. In such cases a minimum One (1) Year (12 months from the date of the infraction) suspension is recommended.

7. **UNSPORTSMANLIKE ACTIONS BY A PLAYER ON AN OPPONENT**

Rule 8.41.14 Unsportsmanlike Conduct including, but not limited to, grabbing the facemask, hair pulling, biting, throwing a ball at a player or throat slash gesture. If a major + game misconduct is given for any of these offenses, the following suspensions shall apply:

- **1st Offence:** Three (3) games
- **2nd Offence:** Five (5) games / Hearing by local Minor Commission
- **3rd Offence:** Five (5) games and a second hearing by local Minor Commission

8. **FIGHTING**

Assessed under Rule 8.18 and BCLA Minor Directorate Operating Policy Regulation 19:

- **1st Offence:** Game Misconduct (given at game) plus two (2) games additional suspension
- **2nd Offence:** Game Misconduct (given at game) plus four (4) games additional suspension
- **3rd Offence:** Game Misconduct (given at game) and five (5) games and a hearing by the Local Minor Lacrosse Commission.

Assessed under Rule 8.18.3, 8.15.5, and 8.18.6, an instigator or aggressor of a fight will receive an automatic 1 (one) game suspension.

9. **FIGHTING OFF PLAYING FLOOR**

Assessed under Rule 8.18 and BCLA Minor Directorate Operating Policy Regulation 19:

- **1st Offence:** Game Misconduct (given at game) plus two (2) games additional suspension
- **2nd Offence:** Game Misconduct (given at game) plus four (4) games additional

suspension

- **3rd Offence:** Game Misconduct (given at game) and five (5) games and a hearing by the Local Minor Lacrosse Commission.

Assessed under Rule 8.18.3 or 8.18.5, an instigator or aggressor of a fight will receive an automatic 1 (one) game suspension.

FIGHTING OFF PLAYING FLOOR as per Rule 8.18.13, if the fight occurs during the jurisdiction of the referee, the matter will be referred to the local Minor Commission for investigation and hearing, with recommendation to follow the Minor Directorate Operating Policy Regulation 19.

THIRD MAN IN (INTERVENTION IN A FIGHT ALREADY IN PROGRESS)

Each Offence: Game Misconduct (given at game) plus two (2) game suspension. Rule 8.18.14 Assessed to the player/goalkeeper who is first to intervene in an altercation when in progress.

LEAVING PLAYERS' BENCH OR PENALTY BENCH DURING AN ALTERCATION OR GOALTENDER LEAVING THEIR CREASE TO JOIN IN AN ALTERCATION

Rule 8.18.15 for goalies, 8.42 for players Two (2) games in addition to the balance of the game in which the infraction occurred.

10. TWO MAJORS IN ONE GAME

(Rule 7.3.2) Any player who accumulates two major penalties in one game shall be assessed, in addition to the game misconduct assessed, the following:

- **1st Offence:** Three (3) Games
- **2nd Offence:** Five (5) Games
- **3rd Offence:** Five (5) Games and Hearing by local Minor Commission

11. COACH OR MANAGER PULLING TEAM FROM FLOOR

Immediate suspension of coach pending a hearing by the BCLCG. If a manager pulls a team off the floor, then an immediate suspension will be given to the coach, pending a hearing by their local Minor Commission.

12. UNDER THE INFLUENCE OF ALCOHOL OR DRUGS (*BCLA Minor Directorate Operating Policy Regulation 22.02*)

Immediate suspension and an automatic referral for hearing by local Minor Commission.

13. MAJOR PENALTY IN THE LAST 5-MINUTES

A major penalty in the last five (5) minutes of the 3rd period and during any subsequent overtime receives an automatic one-game suspension. A ten (10) minute misconduct is not considered for suspension under this rule. The first call for illegal goaltender equipment in

the last five (5) minutes will not be a "suspendable" offence.

14. **FOUR MAJORS IN ONE SEASON**

Any player who accumulates four major penalties in one season will be assessed as follows:

- **4th Major Penalties** - One (1) game suspension.
- **5th Major Penalties** - Two (2) game suspension
- **6th Major Penalties** - Three (3) game suspension
- **7th Major Penalties** Four (4) game suspension
- **8th Major Penalties:** Five (5) game suspension and a Discipline Hearing. *(A 10-minute game misconduct is not considered a major penalty for this section).*

15. **PLAYING AN INELIGIBLE PLAYER**

Any team that plays an ineligible player or who is not properly registered as per BCLA Minor Directorate Operating policy 4.04(b). Any team found guilty of playing an ineligible player during a regularly scheduled, sanctioned tournament or playoff games shall forfeit all games won during which an ineligible player was a participant. The Coach will be suspended for two (2) games for the first Offence and for the second Offence, an automatic referral to the BC Lacrosse Coaches Group for appropriate disciplinary action.

16. **SUSPENSIONS TO COACHES AND BENCH PERSONNEL**

Coaches and bench personnel who receive a suspension or game ejection will be reported to the local Commission and the BCLCG Vice Chair Minor.

17. **SERVING A SUSPENSION**

The BCLA Operating Policy regarding suspensions and discipline shall apply as per REGULATION 11 of the BCLA General Operating Policy and REGULATION 18 of the Minor Directorate Operating Policy.

All suspensions MUST be noted on Game Sheet in the note section as well as crossing the suspended person (player or coach) off the game sheet rosters, to be counted against the suspension *(in the case of electronic game sheets, suspension must be noted in game notes and player marked as suspended in the lineup).*

A suspended person will be removed from all team games until the person has served the suspension. This suspension may be served during BCLA sanctioned tournaments, league, playoff, or Provincial Championship Games only. **The suspended person cannot participate in exhibition games until such time the suspension is fully served.** Any suspended person will be allowed to practice with the team.

Any suspended person (player or coach) must not appear in or near the dressing room on or near the player's or timekeeper's bench or playing surface (before, during or after games). Any interaction with the game by the suspended player or coach from the stands may result in additional discipline. The BCLA Operating Policy on suspension and discipline shall apply.

Regulation 18.07 from the BCLA Minor Directorate Operating Policy:

- a. A suspended player may only serve the suspension during games played by the team the player is officially registered with.
- b. A suspended coach may only serve the suspension during games played by the team the coach received the suspension for; however, a coach is suspended from all bench activities until such suspension is served.

Regulation 18: Suspensions, **18.03**, Paragraph (d) reads: "A member may receive an initial verbal notification of a fine, suspension or decision directly face to face, or by telephone/email/text. This must be followed by a formal written notification presented or e- mailed within seventy-two (72) hours to the member after initial verbal notification."

18. ADDITIONAL GAMES

Regulation 18.02 from the Minor Directorate Operating Policy Section reads:

A Commissioner may not levy a suspension of more than five games to any one person per game. Except for Coaches/Bench personnel, the Commissioner may recommend further suspensions in writing to the governing Commission.

If a Coach /Bench personnel receives a five-game suspension from a league Commissioner, the Commissioner may recommend in writing that a further suspension may be warranted by the BCLCG. The Commissioner may at any time ask the BCLCG to investigate the conduct or ethical behavior of a coach or bench personnel without handing down any suspension. Results of these actions must be related in writing back to the Commissioner and the governing Commission.

19. COMMISSION DISCRETION TO REDUCE SUSPENSIONS.

- a) During League play, only in Zones 1,2,7 and 8, and where there are fewer than 10 league games for a team during a season, these suspensions MAY be reduced by a commissioner with the consultation of and agreement with the Commission Chair and a full written report provided to the Secretary and Chair of the Minor Directorate. **NOTE:** These Zones will be subject to the full Minor Directorate Disciplinary Rules and Guidelines as written during all tournament games and Provincials. For example, if a player is suspended for 5 games during a tournament and can serve only one game during the tournament, the balance of 4 games must be served during the player's next consecutive 4 games.
- b) During inter-zone play, the above guideline will also apply to Zone 6 Female Box Lacrosse coach/players playing inter-zone games.

APPENDIX A
BCLA MINOR DIRECTORATE - OFFENCE/DEFENCE RULES

Minor Directorate Operating Policy Playing Rules Section 4.11:

In all aspects of Minor Directorate play, the practice known as Offence/Defense is not to be played in any of its forms. Offence/Defense is simply defined as a Player playing only one end of the floor, at even strength. The exception to this rule is in U17 and U22 Female where Offence/Defense play is allowed.

1. All Minor Association Coach Coordinators/Head Coach and/or Presidents are advised that they are responsible for the actions of their coaches. They are also to advise **all coaches** in their association that the practice of playing the offence/defense system when at even strength (not including pulling the goaltender or for a face-off) is **prohibited (with exception of U17 and U22 Female)** in BC Minor Lacrosse, as per current operating policy and such action can result in suspension.
2. If any Zone/Association Coaching Coordinator, League Commissioner, BCLCG Executive Member or Minor Directorate Executive clearly determines a coach is utilizing offence/defense on a persistent basis as a tactic, (not including pulling a goaltender or during face-offs) while at even strength, they are to advise by phone or electronic means the BC Lacrosse Coaches Group (BCLCG) Vice Chair - Minor Box. The BCLA Vice Chair will designate a representative to adjudicate. The BCLCG Vice Chair - Minor Box will formally advise the Association Coaching Coordinator/Head Coach and/or President of the incident.
3. It will be the responsibility of the BCLCG designated representative to ensure that the Coaches first infraction will result in the removal of the head coach for the remainder of the game, or the coach in charge of the bench.
If the head coach has been previously removed or suspended, or if the violation occurs in the final period of the game, the head coach or coach in charge of the bench will be suspended for the following game.
4. If the Coach is again found to be utilizing the offence/defense tactic by the above-named persons in Paragraph 2, they will advise the BCLCG Vice Chair - Minor Box. If this is the second infraction the BCLCG Vice Chair - Minor Box will advise the League Commissioner to assess an immediate FIVE (5)-GAME Suspension and a hearing.
5. If at any time in playoffs, Provincial Championships, or BC Summer Games (even if it is the first instance for the Coach), the Coach will receive an automatic FIVE-GAME Suspension from the BCLCG and must attend a hearing called by the BCLCG. This hearing may determine the future status of that Coach within the BCLCG. A hearing will then be conducted by the BC Lacrosse Coaches Group (BCLCG) prior to the following year to determine the future status of said Coach as per BCLCG guidelines.
6. It is the responsibility of the BCLCG Vice Chair – Minor Box to ensure that a complete up-to-date record of such infractions is kept both by the BCLCG and the BCLA Technical Director.

APPENDIX B

FAIR PLAY GUIDELINES

From BCLA APPENDIX C and BCLA Minor Directorate Operating Policy Regulation 4.15:

Per BCLA General Operating Policy Regulation 17.01, the BC Lacrosse Association Minor Directorate supports and promotes the Fair Play Codes as outlined in Appendix C of the General Operating Policy. Breach of the Fair Play Codes shall not be tolerated by Minor Club executives. Per BCLA General Operating Policy Regulation 17.02, if required, remedial action from this Code will be deferred to the appropriate Governing Body that has jurisdiction, and the process of investigation and discipline shall apply.

1. All Minor Association Presidents and Coach Coordinators will be advised that they are responsible for the actions of their coaches. They are also to advise **all coaches** in their association that, should it be discovered that a coach is failing to adhere to the Fair Play Guidelines, they may be subject to a hearing by the BC Lacrosse Coaches Group (BCLCG), which can result in a suspension.
2. From Appendix C – Fair Play: A Coach's Role
3. **As a coach, you are a role model and leader and have a significant impact on your athletes' attitude. You can:**
 - Encourage your team to respect the opposing team and the rules of the game, to accept the judgments of the officials and opposing coaches without argument
 - Teach your players how to manage conflict and stress, and use good judgement in tough situations
 - Avoid overplaying talented players and allow average players equitable playing time.
 - Remember that children need a coach they can respect. Be generous with praise and set a good example.
4. If a Coach is discovered to be in violation of the Fair Play Guidelines during a Provincial Championship or BC Summer Games, they will be warned either verbally or in writing by the Vice Chair of the BCLCG, or delegate, that if they continue to be in violation of the Fair Play Guidelines the game will be stopped and the coach shall be ejected from the game and suspended for the balance of the tournament, and the remainder of the year. This is not appealable. A hearing will then be conducted by the BCLCG prior to the following year to determine the future status of said Coach as per BCLCG guidelines.
5. It is the responsibility of the BCLCG Vice Chair – Minor Box to ensure that a complete up-to-date record of such infractions is kept both by the BCLCG and the BCLA Technical Director.

APPENDIX C
BCLA GENERAL OPERATING POLICIES

Coaches should acquaint themselves with BCLA General Operating Policy, including but not limited to:

- Regulation 12 Gender Equity (page 8)
- Regulation 13 Transgender Participant Policy (page 9)
- Regulation 14 Harassment (page 10)
- Regulation 15 Doping Control Program (page 13)
- Regulation 16 Concussion Awareness and Education (page 16)
- Regulation 23 Social Media (page 19)



Spectator Etiquette

How to respect the Game of Lacrosse

We want everyone to have a good experience at these Provincial Championships. This includes players, coaches, managers, officials, volunteers and spectators. To help us do this, here are a few reminders of how to keep it positive.

“DO’S” AT THE GAME:

- **CHEER** for good play on both ends of the field – be impartial! Cheer for your team and great plays on both ends of the field.
- If you don't understand something that you see in the field, ask someone knowledgeable - don't just yell.
- **RESPECT** the decisions of the official - this is a zero tolerance policy - **honour** the game
- Be a positive **ROLE MODEL** by displaying good sportsmanship at all times to coaches, officials, opponents, and your child's teammates
- **SUPPORT** your team manager if they require assistance or have suggestions
- Be **RESPONSIBLE** for the behavior of your own fans and educate when needed
- Sit back and enjoy the game. Remember lacrosse is played for **FUN!**

“DO NOTS” AT THE GAME

- Yell at the officials about anything. Nothing is going to change by you yelling other than the possibility of you being asked to leave the field area.
- Use any obscene language or gestures at any time towards the officials or players as you will be removed from the field area.
- Yell at another team's players or spectators - you will be removed from the field area.
- Disrespect the game or the volunteers hosting this event - you will be asked to leave

Your **coach and manager are responsible for your actions and behavior**; honour them by being respectful, so they can concentrate on your child and their team.

REMEMBER -- Lacrosse is for **FUN!**

We look forward to a competitive and exciting Provincial Championship and appreciate your commitment to making it memorable for everyone.

BRITISH COLUMBIA LACROSSE ASSOCIATION

1. CODE OF CONDUCT

1.01 All individuals affiliated with the BCLA shall:

- i) Attempt at all times to work toward the goals and objectives of the BCLA and the game of Lacrosse, and towards the betterment of its members.
- ii) Strive to heighten the image and dignity of the Association and the sport of Lacrosse as a whole, and to refrain from behavior which may discredit or embarrass the Association or the game.
- iii) Always be courteous and objective in dealings with other members.
- iv) Except when made through proper channels, refrain from unfavorable criticism of other members or representatives of the BCLA.
- v) Strive to achieve excellence in the sport while supporting the concepts of Fair Play and Drug-free sport.
- vi) Show respect for the cultural, social and political values of all participants in the sport.
- vii) As a guest in another province or foreign country, abide by the laws of the host jurisdiction and adhere to any social customs concerning conduct.

1.02 Conduct to Protect Children:

The safety, rights, and well-being of children is a priority of the BC Lacrosse Association (BCLA) and its membership. We nurture supportive relationships with children while balancing and encouraging appropriate boundaries. All staff, members and participants are expected to treat children with respect and dignity. They are to establish, respect and maintain appropriate boundaries with all children and families involved in activities and programs delivered by the BCLA and its members. All interactions and activities with children should be known to, and approved by, the member association and the parent/guardian of the child. For more information about Conduct to Protect Children - <https://www.protectchildren.ca/en/about-us/>.

1.03 An individual's conduct shall be in question when they:

- i) Breach any of the above Section 1.
- ii) Use their position within the BCLA for unauthorized personal and/or material gains.
- iii) Willfully circulate false, malicious statements, derogatory to any other member of the Association.
- iv) Willfully ignore or break the By-Laws, policies and/or rules and regulations of the BCLA.
- v) Counsel others to ignore or break the by-laws, policies, and/or rules and regulations of the BCLA.
- vi) Code of Conduct hearings will only be heard for offences not already covered by properly constituted penalties approved by the BCLA in all Directorates, Technical Support Groups and League Agreements.

1.04 General:

- i) The BCLA endorses the principles of natural justice and due process which allows any individual the right to a hearing and an appeal of any action which affects their rights.
- ii) The BCLA and its member governing bodies agree to honor and enforce disciplinary action taken by those governing bodies upon the completion of due process.

1.05 Discipline Procedures:

- i) Any report alleging a breach of Member obligation under this Code of Conduct shall be submitted in writing to the BCLA office within 15 days of the event/occurrence.
- ii) Upon receiving a report, the BCLA staff shall immediately notify the BCLA Executive who shall determine the merit of the complaint and determine if action is necessary.

- iii) If action is necessary, the President shall, with the Discipline Committee, appoint a date, time and place for which shall not be more than 30 days from the receipt of the report.
- iv) All interested parties will be notified of the proceedings and will have the opportunity to attend the hearing of the Discipline Committee at their own expense.
- v) The Discipline Committee may call witnesses and demand any pertinent information which it deems necessary to arrive at a decision.
- vi) The decision of the Discipline Committee will be announced by the Chair of the Discipline Committee within 7 days of the hearing and all interested parties will be provided with a copy of the written decision. Interested parties is defined as those parties who are directly involved in the proceedings.
- vii) Any individual whose rights are directly affected by a decision of the Discipline Committee may appeal that decision to the Appeals Committee.
- viii) The procedure and time lines for a presentation to the Appeals Committee shall be the same as those set out for the Disciplinary Committee.
- ix) Disciplinary action taken under this Code of Conduct section will be considered to be applicable to all disciplines of Lacrosse in BC
- x) The Discipline Committee may fine, suspend or request other remedial action based on a Discipline Hearing.

1.06

British Columbia Universal Code of Conduct (BC UCC):

The BC Lacrosse Association accepts all language contained in the British Columbia Universal Code of Conduct (BC UCC). A copy of the code is hosted on the viaSport BC website here: https://www.viasport.ca/sites/default/files/BC_UCC_2021.pdf.

14. HARASSMENT

- 14.01 The BCLA is committed to promoting a sport environment in which the terms and conditions of participation are equitable and non-discriminatory. Every participant has the right to be treated with dignity and respect and to work, train and compete in a milieu conducive to productivity, self-development and performance advancement based upon individual interest and ability. The BCLA will foster a sport environment free of harassment on the basis of race, ancestry, place of origin, colour, ethnic origin, citizenship, religion, sex, sexual orientation, disability, age, marital/family status or an offence for which a pardon has been granted.
- 14.02 Harassment means any behaviour by a person engaged in any paid or volunteer capacity, role, or function with the BCLA that is offensive to any person or group of people and which the individual knew or ought to have known would be unwelcome.
- 14.02.1 Harassment may be intentional or unintentional and can take many forms, but generally involves conduct, comment, or display which is insulting, intimidating, humiliating, hurtful, demeaning, belittling, malicious, degrading, or otherwise causes offence, discomfort, or personal humiliation or embarrassment to a person or group of people.
- 14.03 The following types of harassment are intolerable, whether or not individuals complain:
- 14.03.1 **Abuse:** Abuse can be physical, emotional or sexual.
- (i) **Physical Abuse** - using physical force or actions that result, or could result, in injury.
 - (ii) **Emotional Abuse** - a pattern of hurting an individual's feelings to the point of damaging their self-respect. It includes verbal attacks on the individuals, insults, humiliation or rejection.
 - (ii) **Sexual Abuse** - using an individual for sexual stimulation or gratification unless, in the case of an adult, that individual consents.
- 14.03.2 **Harassment:** Any behaviour that satisfies one or more of the following definitions of Harassment.
- (i) **Personal Harassment:** Behaviour, including communications, conduct or gesture, which:
 - (a) is insulting, intimidating, humiliating, hurtful, malicious, degrading, or otherwise offensive to an individual or group of individuals (including a statement with respect to a Prohibited Ground or otherwise); and
 - (b) would be considered by a reasonable person to create an intimidating, humiliating or uncomfortable work or sport-related environment.
 - (ii) **Sexual Harassment:** Behaviour involving unwelcome sexual advances, requests for sexual favours or other communication (verbal or written) or physical conduct of a sexual nature when:
 - (a) such conduct might reasonably be expected to cause embarrassment, insecurity, discomfort, offence or humiliation to another person or group; or
 - (b) submission to such conduct is made, implicitly or explicitly, a condition of employment or participation in a sport-related activity; or
 - (c) submission to or rejection of such conduct is used as a basis for any employment or sport-related decision; or
 - (d) such conduct has the purpose or the effect of interfering with a person's work or sport performance or of creating an intimidating, hostile or offensive work or sport environment.
 - (iii) **(a) Bullying:** Bullying involves a person expressing their power through the humiliation of another person. Bullying occurs between people at any age and is not addressed under human rights legislation. It is inappropriate behaviours that are typically cruel, demeaning and hostile toward the bullying targets (most commonly occurs between children under the age of twelve but may also constitute behaviours between youth or

between adults. Bullying is similar to harassment but the behaviours are not addressed under human rights laws. Bullies are typically cruel, demeaning and hostile towards the targets of their bullying.).

The actual issue of bullying is not addressed by the law, except when the behaviour does become a criminal issue (i.e., extortion, physical assault, etc.). Bullying can be broken down into four types:

- Physical (hit or kick victims; take/damage personal property)
- Verbal (name calling; insults; constant teasing)
- Relational (try to cut off victims from social connection by convincing peers to exclude or reject a certain person)
- Cyber-Bullying

The following is a non exhaustive list of tactics used by bullies to control their targets:

1. Unwarranted yelling and screaming directed at the target
2. Continually criticizing the target's abilities
3. Blaming the target of the bullying for mistakes
4. Making unreasonable demands related to performance
5. Repeated insults or put downs of the target
6. Repeated threats to remove or restrict opportunities or privileges
7. Denying or discounting the targets accomplishment
8. Threats of and actual physical violence

(b) Cyber-Bullying: Cyber-Bullying is the use of communication devices and electronic information to include but not limited to, e-mail messages, text messaging, instant messaging, cell phone communications, internet chat rooms, internet blogs, internet postings, video recording and defamatory websites, that:

1. Deliberately threatens, harasses, intimidates an individual or group of individuals; or
2. Places an individual in reasonable fear of harm to that individual or damage to the individual's property; or
3. Has the effect of substantially interfering with a person's work or sport performance or of creating an intimidating, hostile or offensive work or sport environment.

(iv) **Retaliation:** Acts of Retaliation: Types of behaviour that may constitute Harassment include, but are not limited to:

- (a) written or verbal abuse or threats;
- (b) physical assault
- (c) using any instrument in an aggressive and/or threatening manner (i.e., as a weapon)
- (d) unwelcome remarks, jokes, innuendoes, or taunting about a person's body, sexual orientation, attire, age, marital status, ethnic or racial origin, or religion;
- (e) displaying of racist or other offensive or derogatory material, racial, ethnic or religious graffiti;
- (f) practical jokes, hazing or initiation rites which cause awkwardness or embarrassment, endangering a person's safety or negatively affecting performance;
- (g) obscene gestures;
- (h) intimidation;
- (i) behaviour which undermines self-respect or adversely affects performance or working conditions;
- (j) false accusations of Harassment motivated by malice or mischief, and meant to cause other harm.

14.03.3 **Retaliation:** Any action taken against an individual in retaliation for:

- (i) having initiated this policy on behalf of himself/herself or another individual;

- (ii) having participated or co-operated in any investigation under this policy; or
- (iii) having associated with anyone who has invoked this policy or participated in an investigation.

- 14.03.4 **Prohibited Ground:** The BC Human Rights Code provides that no person shall discriminate against another person with respect to, amongst other things, employment, publications, accommodation, service, and facilities on any of the following grounds (the "Prohibited Grounds"): race, marital status, sex, colour, conviction for an offence, age, ancestry unrelated to employment, sexual orientation, place of origin, physical disability, political belief, mental disability, family status, religion.
- 14.03.5 **Reasonable Person Standard:** In relation to a determination of Harassment under this policy, an assessment of responsibility that takes into account not only what the Complainant and Respondent actually experienced, knew, or understood about one another or the situation, but also what a reasonable person in each of their circumstances would or ought to have experienced, known, or understood.
- 14.03.6 **Responsible Adult:** Where the Complainant or the Respondent is a minor (under 19), or otherwise unable to speak for himself or herself, a parent, guardian, or other adult of the person's choice who may speak on behalf of the Complainant or Respondent.
- 14.04 It is the overall objective of the BCLA Policy on Harassment to create and maintain a work and sport environment free from harassment. Individuals who experience harassment are encouraged to take the appropriate actions to put an end to the harassment and seek adequate redress.
- 14.04.1 Harassment which is unintentional may be stopped by informing the harasser(s) that the behaviour is offensive. If the behaviour continues, the individual should file a complaint in the manner described in the BCLA Complaint Review Procedure.
- 14.04.2 If an individual feels uncomfortable or threatened about confronting the harasser(s) on their own, a complaint should be filed directly in accordance with the BCLA Complaint Review Procedure.
- 14.04.3 The BCLA takes any complaint seriously, and will investigate and respond in a sensitive, effective and timely manner.
- 14.04.4 The BCLA believes that harassment is a serious offence. It is also a serious offence to falsely accuse someone of harassment.
- 14.04.5 If the results of the investigation find that there has been harassment or that there has been an intentional false accusation of harassment, appropriate disciplinary action will be taken in accordance with the BCLA Discipline Policy.

APPENDIX F: BC LACROSSE ASSOCIATION SOCIAL MEDIA GUIDELINES

The responsibility of on-line or social media accounts belongs to the named holder of the account (or page) and all members are expected to conduct themselves in accordance with the BCLA Code of Conduct.

Overview. The BC Lacrosse Association (BCLA) has begun to use social media networking in a way to increase the reach of BCLA news and information to all interested parties, which include but is not limited to: members, fans, sport enthusiasts, and supporters. The social media outlets that may be used by the BCLA include the website, on-line community of practice, Twitter and Facebook.

These guidelines have been developed to sit under the framework for the BC Lacrosse Association By-Laws and/or Regulations, as well as be a complement to any additional policies and codes of conduct implemented by the BCLA.

We recognize the vital importance of participating in online conversations and are committed to ensuring that we participate in online social media the right way. The Social Media Guidelines have been developed to help empower you to participate in this connected world and represent our Association by sharing the vision and mission of our organization and the story of our historic game.

The vision that serves as the basis to all our initiatives is guided by certain shared values that we live by as an organization and as individuals:

Sportsmanship Passion Integrity Respect Innovation Trust

The BCLA encourages all Association/Club members, Teams, Players, Coaches, Trainers, other Team Personnel, Officials, volunteers, parents and/or guardians of BCLA players to explore and engage in social media communities at a level at which they feel comfortable. **Have fun, but be smart.** The best advice is to approach online worlds in the same way we do the physical one -- by using **sound judgment** and **common sense**, by adhering to the Association's values, and by ensuring that all the Association's Policies and Procedures are not breached.

Social media enables people and organizations to share opinions, insights and experiences on the web using tools to connect, interact and maintain and develop relationships. Social media is about connecting and engaging with members, fans, followers and supporters.

All forms of social media that the BCLA utilizes are used to engage our members and beyond. Creating awareness, generating interest, and increasing the visibility of the BCLA should absolutely be the primary objectives when using these accounts. Social media is an opportunity for an organization to connect and network with its fans and followers.

Compliance. Non-compliance with these guidelines may be considered as misconduct, harassment, discrimination, or in certain circumstances contravention of the law. Those who fail to comply with these guidelines may be disciplined under the BCLA By-laws and/or Regulations.

Definitions. Social Media is defined as "content created by people using highly accessible and scalable publishing technologies. Social media is distinct from traditional media, such as newspapers, television, and film. Social media comprises relatively inexpensive and accessible tools that enable anyone (even private individuals) to publish or access information". (Source: Wikipedia)

Social Media may include (but is not limited to):

- Social networking sites (ex. Facebook, MySpace, LinkedIn, Bebo, Yammer)
- Video and photo sharing websites (ex. Flickr, YouTube)
- Blogs, including corporate and personal blogs
- Blogs hosted by media outlets (ex. comments posted to news stories)
- Micro-blogging (ex. Twitter)
- Wikis and online collaborations (ex. Wikipedia)

- Forums, discussion boards and groups (ex. Google Group, Communities of Practice, etc.)
- Video or podcasting
- Online multiplayer gaming platforms (ex. World of Warcraft, Second Life)
- Instant messaging (including text messaging)
- Geo-spatial tagging (ex. Foursquare, Facebook Places)

BCLA General Guidelines.

Transparency in every social media engagement. The BCLA does not condone manipulating the social media flow by creating "fake" destinations and posts designed to mislead followers and control a conversation. Every Website, "fan page", or other online destination that is ultimately managed by the Association must make that fact known.

Respect of copyrights, trademarks, rights of publicity, and other third-party rights in the online social media space, including with regard to user-generated content (UGC). How exactly you do this may depend on your particular situation, so work with the Association's communications contact to make informed, appropriate decisions. When in doubt, please contact info@bclacrosse.com

Utilization of best practices, listening to the online community, and compliance with applicable regulations to ensure that this Social Media Guidelines remains current and reflect the most up-to-date and appropriate standards of behaviour.

Guidance for navigating legal issues. The following is offered as general guidance to assist you in complying with the obligations set out in these guidelines. When in doubt, seek further guidance from the BCLA's Operating Policy Manual.

Privacy, confidentiality and information security. You should **not** publish or report on conversations or information that is deemed confidential or classified or deals with matters that are internal in nature. The BCLA's *Privacy Policy* applies.

Copyright. You should respect copyright laws and fair use of copyrighted material and attribute work to the original author/source wherever possible.

Harassment and Bullying. The BCLA's *Harassment Policy* applies online and in the physical workplace. Bullying and harassment includes any bullying or harassing comments a person makes online, even on their own private social networks or in non-lacrosse related settings.

Abusive, harassing, threatening or defaming postings are in breach of the BCLA's *Harassment Policy* in the *BCLA General Operating Policy*, and may result in disciplinary action being taken.

All participants of the game are expected to treat each other with respect and dignity and must ensure their behaviour does not constitute bullying and/or harassment.

Defamation. You should refrain from publishing material that may cause injury to another person, organization, association or company's reputation, and should seek further guidance if publication of such material is thought to be necessary.

Offensive or obscene material. Material may be offensive or obscene and may infringe relevant online classification laws if it pornographic, sexually suggestive, harassing, hateful, racist, sexist, abusive or discriminatory.

Social Media Activities. The BCLA respects the rights of its participants of the game and its authorized contractors to use blogs and other social media tools not only as a form of self-expression, but also as a means to further the BCLA's awareness. It is important that all participants of the game are aware of the implications of engaging in forms of social media and online conversations that reference the BCLA and/or the representative's relationship with the BCLA and its brand, and that they recognize when the BCLA might be held responsible for their behaviour.

Personal Use

Our Expectations for Personal Behaviour in Social Media. There's a big difference in speaking "on behalf of the Association" and speaking "about" the Association. This set of **5 principles** refers to those **personal or unofficial online activities** where you might refer to the BC Lacrosse Association, Canadian Lacrosse Association or any associated activities (Local, Provincial, National Championships, International events, AGMs, etc.)

1. **Adhere to all applicable policies.** All participants of the game are subject to the Association's Code of Conduct in every public setting. In addition, in certain circumstances, other policies, including the Confidentiality Agreement or National Teams Policies and Guidelines, govern participants of the game's behaviour with respect to the disclosure of information; these policies are applicable to your personal activities online.
2. **You are responsible for your actions.** Anything you post that can potentially tarnish the Association's image will ultimately be your responsibility. We do encourage you to participate in the online social media space, but urge you to do so properly, exercising sound judgment and common sense. Please make sure to include the following disclaimer to each profile or platform you use where you can be identified as related to the Association: "The views expressed on this website/blog are the views of the author alone and do not reflect the views of the BC Lacrosse Association".
3. **Be a "scout" for compliments and criticism.** Even if you are not an official online spokesperson for the Association, you are one of our most vital assets for monitoring the social media landscape. If you come across positive or negative remarks about the Association or its brands online that you believe are important, consider sharing them by forwarding them to info@bclacrosse.com.
4. **Let the subject matter experts respond to negative posts.** You may come across negative or disparaging posts about the Association or its brands, or see third parties trying to spark negative conversations. Unless you are an authorized online spokesperson, avoid the temptation to react yourself. Pass the post(s) along to the BCLA staff who are trained to address such comments, at info@bclacrosse.com.
5. **Be conscious when mixing your business and personal lives.** Online, your personal and business personas are likely to intersect. The Association respects the free speech rights of all of its participants of the game, but you must remember that anyone has access to the online content you post. Keep this in mind when publishing information online that can be seen by more than friends and family, and know that information originally intended just for friends and family can be forwarded on.

REMEMBER: Do not represent yourself as an Official Spokesperson of the Association (unless authorized to do so - see "Professional Use of Social Media) in any social media forum and never disclose non-public information of the Association (including confidential information). Be aware that taking public positions online that are counter to the Association's interests may be harmful and could be considered a breach of compliance.

Specific Applications and Situations

1. **Timing.** Some situations require that participants of the game in official functions for the Association refrain from uploading content or participating to social media. These situations include (but are not limited to):
 - a. Inside a competition stadium during the competition period (ex. FIL World Cup competition or Minto Cup)

- b. During a non-public event or meeting organized by the Association (ex. the Annual General Meeting)
 - c. Before, during or after a meeting where non-public information is discussed (ex. Local competitions committee planning meeting)
 - d. Before, during or after a game or training session when strategic, tactical or medical information is discussed. We ask that you please refer to the team's coaching or medical staff before making any comments pertaining to these.
- 2. Use of official marks.** We recognize that Team BC players and staff members may see value in using pictures or videos where we see them in official kits. The intent is not to forbid this usage, but simply to remind you that using such photos, for example as your profile picture, automatically link you to the Association and we therefore ask that you stay conscious of the comments and contents you post. The use of any other official marks should follow copyrights and trademarks regulations.
- 3. Links.** In order to facilitate access to relevant information regarding the Association, all groups of participants of the game are encouraged to link their blogs and other social media interactions, when in accordance to the above guidelines, to the www.bclacrosse.com website and its services.

Professional Use Of Social Media

Our Expectations for Professional Behaviour in Social Media

Becoming Authorized To Use, Post And Comment

- Before using the Association's social media accounts you must be a representative of the organization.
- You may not use, post or comment as a representative of the organization unless you are **authorized** to do so.

Rules Of Engagement

Once authorized to use, post and comment as an organization's representative, you must:

- disclose you are an volunteer/employee/contractor of the organization, and use only the Association's designated social media accounts
- disclose and comment only on information classified as public domain information
- ensure that all content published is accurate and not misleading
- ensure you are not the first to make an announcement (unless specifically given permission to do so)
- comment only on your area of expertise and authority
- ensure comments are respectful of the community in which you are interacting online
- adhere to the Terms of Use of the relevant social media platform/website, as well as copyright, privacy, defamation, contempt of court, discrimination, harassment and other applicable laws, and the association's Privacy Policy.
- if applicable, remove material that is offensive, obscene, defamatory, threatening, harassing, bullying, discriminatory, hateful, racist, sexist, infringes copyright, constitutes a contempt of court, breaches a Court suppression order, or is otherwise unlawful

If you are authorized to comment as an organization's representative, you must not:

- post or respond to material that is offensive, obscene, defamatory, threatening, harassing, bullying, discriminatory, hateful, racist, sexist, infringes copyright, constitutes a contempt of court, breaches a Court suppression order, or is otherwise unlawful
- use or disclose any confidential or secure information
- make any comment or post any material that might otherwise cause damage to the BCLA's reputation or bring it into disrepute.

23. SOCIAL MEDIA

- 23.01 The BCLA recognizes the vital importance of participating in online conversations and are committed to ensuring that we participate in online social media in an appropriate, positive, respectful manner.
- 23.02 **APPENDIX F: BC Lacrosse Association Social Media Guidelines** has been developed to help empower members to participate in this connected world and represent our Association by sharing the vision and mission of our organization and the story of our historic game. The BCLA encourages all our Association/Club Members, Teams, Players, Coaches, Trainers, other Team Personnel, Officials, volunteers, parents and/or guardians of BCLA players to explore and engage in social media communities at a level at which they feel comfortable. Approach online worlds in the same way one does the physical one -- by using sound judgment and common sense, by adhering to the BCLA's values, and by ensuring that all of the BCLA's Policies and Procedures are not breached. Social media enables people and organizations to share opinions, insights and experiences on the web using tools to connect, interact and maintain and develop relationships. Social media is about connecting and engaging with members, fans, followers and supporters.
- 23.03 The BCLA expects that all members are aware of and respect APPENDIX F: BCLA Social Media Guidelines.
- 23.04 If anyone is found to be in violation of the guidelines to the extent that it is damaging to the BCLA, it will be handled using the provisions of REGULATION 1: CODE OF CONDUCT. Non-compliance with this policy may be considered as misconduct, harassment, discrimination, or in certain circumstances contravention of the law. Those who fail to comply with the guidelines may be disciplined.



#101, 7382 Winston Street
Burnaby, BC V5A 2G9
Phone 604-421-9755

Email: info@bclacrosse.com

ATHLETIC ACCIDENT CLAIM FORM

SECTION I (please print)		
Last Name of Claimant	First Name	Birth Date
Mailing Address		
City	Province	Postal Code
If a Minor, Name of Parent		
Home Phone ()	Business Phone ()	

SECTION II	
Date of Accident	Hour a.m. / p.m. (circle one)
Location of Accident	
What is the injury?	
Date of First Treatment	
Name of Hospital taken to	
Date of Admittance	Hour a.m. / p.m. (circle one)
Date of Discharge	Name of Attending Physician or Dentist

SECTION III Describe fully how the accident happened.

SECTION IV (your sport accident policy is an excess accident benefits policy; proof of exhausting all other insurance must accompany your expenses) What medical coverage do you have through your/spouse/parent employment?				
Name of Employer		Name of Insurer		
Address of Employer		Address of Insurer		
City	Prov.	Postal Code	Policy No.	Certificate Number

SECTION V	
I hereby certify that all the information provided above is correct.	
Claimant's / Guardian's Signature	Date

Send completed form along with any invoices for expenses you incurred to -

By mail:
BC Lacrosse Association
101-7382 Winston Street, Burnaby, BC V5A 2G9

By email:
info@bclacrosse.com

Please call BC Lacrosse if you have any questions regarding this form. Instructions are on the reverse side. If you do not have invoices at this time, please forward the form only to confirm that you intend to make a claim.

CERTIFICATION OF ASSOCIATION OR CLUB EXECUTIVE	
Do not complete this section yourself; have your Club or League President, Coach or Manager complete this section.	
Name of Team	League or Association
Accident Policy No. ACL6623	Type of Sport
Was the above player registered at the time of the injury? Yes/No (circle one)	
Was the player injured while taking part in an authorized activity? Yes/No (circle one)	
Name	Position with Club
Telephone No.	Signature

INSTRUCTIONS

You must provide all information requested; incomplete forms cannot be processed.

IMPORTANT POINTS TO REMEMBER WHEN COMPLETING YOUR CLAIM:

1. Your insurer must receive notice of your accident within 30 days of the accident date and receive claim documentation within 90 days.
2. ALL claims must be submitted with itemized statements and paid receipts (originals are required if there is no other coverage available), which indicate
 - Patient's name
 - Type of purchase or service
 - Date of each purchase or service
 - Amount charged for each purchase or service
3. A physician statement confirming diagnosis and recommended treatment is required if you are claiming other than dental or ambulance expense.
4. Only claims in excess of the deductible specified in your plan will be considered for payment up to your maximum benefits.
5. Expenses eligible under any other health care plan(s) must be submitted to that plan(s). Your sport accident policy will pay only the amount of expenses that are not eligible with any other insurer.
- IF YOU ARE CLAIMING ANY OF THE BENEFITS LISTED BELOW, YOU MUST INCLUDE THE FOLLOWING INFORMATION WITH YOUR CLAIM: (Please check your plan details for the conditions under which these benefits are eligible. You must have required and received medical/dental treatment commencing within 30 days of the accident date.)
- FOR BENEFITS NOT LISTED BELOW, PLEASE CONTACT THE INSURER FOR CLAIMS PROCEDURE

A. PRESCRIBED DRUGS

- Name of medication or drug
- Date of purchase
- Amount charged

B. SERVICES OF PHYSIOTHERAPIST, CHIROPRACTOR, OSTEOPATH

- Physician referral
- Type of service
- Date of each treatment
- Amount charged for each treatment
- Date of treatment paid by Provincial Medical Plan; if private fees apply, confirming coverage has been exhausted

C. HOSPITAL ROOM ACCOMMODATION

- Not an eligible expense

D. AMBULANCE (Emergency to Hospital only)

- Date of service
- Places ambulance taken from and to
- Amount charged

E. VISION CARE

- If your injury received medical treatment and resulted in the loss or damage of eyewear, or the requirement of eyewear due to accident
- An explanation must be submitted with your receipt to claim the limited benefit

F. SCHEDULED FRACTURE INDEMNITY

- If your injury results in any of the fractures or dislocations listed on the policy schedule, there may be an amount payable to you; not more than one amount (the largest) is payable
- A statement completed by the licensed physician or surgeon confirming the fracture/dislocation

G. MEDICAL BRACES

- A letter from the licensed physician or surgeon indicating the diagnosis, the specific medical necessity for prescribing the brace and the type of brace prescribed must be submitted with your receipt
- Medical braces required primarily for sporting type activities are not covered

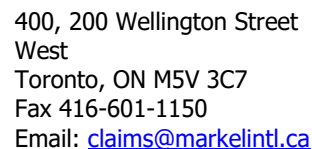
H. DENTAL ACCIDENTS

- Exact date of accident
- Breakdown of services performed
- Circumstances surrounding the accident
- Is there other dental coverage? Enclose details.
- Confirmation that treatments only relate to the accident
- Provide other insurer's explanation
- Are further treatments estimated?

I. SERVICES AVAILABLE WITHIN THE PROVINCIAL PLAN

- Your Sport Accident Policy does not make payment for any services or treatment that is available within the provincial plan, whether there is enrollment in the provincial plan or not

YOUR SPORT ACCIDENT POLICY MAY INCLUDE A DEDUCTIBLE AND/OR PERCENTAGE OF REIMBURSEMENT. (Example: \$100 deductible or \$30 per treatment up to \$300 per accident.) IF IN DOUBT, CHECK YOUR PLAN DETAILS.

[illegible]

ALL INFORMATION RECORDED ON THIS FORM IS CONFIDENTIAL

ATTENDING PHYSICIAN'S STATEMENT

Please complete this claim form and return it to your patient.

Patient's Name: _____ Age: _____

Address: _____

Diagnosis: Please indicate the name(s) of the bone(s) fractured or dislocated:

If Hospitalized, give name of hospital: _____

Date Admitted: _____ Discharged: _____

If referred to you, give name of referring physician: _____

Operations (or other procedures performed): _____	Date: _____
_____	Date: _____
_____	Date: _____

Date of first consultation for above: _____

Date of first symptoms: _____ Date of Accident: _____

Has the patient ever had same or similar condition? _____

If yes, please state when and describe: _____

Is there any other disease or infirmity affecting the present condition?

Date: _____ Signature _____ (M.D.)

Address: _____

Certified Specialist _____

Phone: _____



Sponsored by:



2026 BCLA MINOR BOX LACROSSE PROVINCIAL CHAMPIONSHIPS

PLAYER OF THE GAME AWARD

GAME # _____

HOME TEAM _____

AWAY TEAM _____

YOUR TEAM _____

TEAM MVP _____

PLAYER NAME AND #

COACH OR PARENT WILL PICK THE MVP FROM THEIR OWN TEAM



Fair Play Award - Box Lacrosse

Play Awards will once again be presented at this year's BCLA Box Lacrosse Provincial Championships.

Each coach will nominate one player from their own team for a Fair Play Award. The player selected should exemplify Fair Play, put forward a great effort for their team, and play the game with integrity.

Each Fair Play Award recipient will be recognized and presented with a gift in acknowledgement of their achievement.

Thank you for your cooperation, and best of luck to all teams.

Fair Play Award - Player

Player's Name (Please Print)

Team

Division

Coach's Name



BCLA Box Lacrosse Provincial Championships

PLEASE REMEMBER

**THE PLAYERS
ARE KIDS**

THIS IS A GAME

**REFEREES
ARE HUMAN**

**RESPECT THE REFS AND
ENJOY THE GAME**



**SCAN HERE TO LEARN MORE ABOUT
THE VANCOUVER WARRIORS**

